

Which Chakra Aroma to choose? All seven of course!

Aromatherapy will guide you in choosing the aroma for your mood, but it is ideal to have the Chakra Aroma Set and use them interchangeably. This keeps the potency and efficacy of the essential oils working on an optimal level with your immune system. Choose an aroma to impart a warming or cooling sensation on the skin, a more energizing or calming effect, and for therapeutic properties.

Corona 7	Palo Santo, Frankincense, Nutmeg, Cypress, Plai, Tagette	lemony, woody, sweet, earthy	Ritualistic warming
Rio 6	Lavendar, Ravensara, Cedarwood Virginia, Clove Bud	Floral Herbal, Woody, Spicy-Fruit	Soothing warming
Nube 5	Eucalyptus, Lemon, Sage, Yuzu	Fresh Citrusy, Herbal	Clarity cooling
Jardin 4	Ylang-Ylang, Jasmine Absolute, Thyme Serpolet	Exotic Floral, Honey- Lime, Sweet Herbal	Sensual warming
Sol 3	Tangerine, Palmarosa, Peppermint	Fresh, Fruity, Floral, Minty	Inspire warming & cooling
Cascada 2	Litsea May-Chang Cedarwood Atlas, Ylang-Ylang, Caraway, Naiouli, Clove Bud	Citrusy, Earthy, Floral, Peppery, Sweet	Motivate warming
Egypto 1	Frankincense, Cardamon, Cypress, Thuja Cedarwood	Balsamic, Fresh, Woody	Grounding warming
Chakra	Essential Oils	Aroma	Energetic

All of the Chakra Aromas are anti-inflammatory, antiseptic, antioxidant, grounding and balancing, regenerative, and scar healing (cicatrizant).