

Which NECTAR to choose? All six, of course!

Aromatherapy will guide you in choosing the essence for your mood, but it is ideal to have all six NECTARS, and use them interchangeably. This keeps the potency and efficacy of the essential oils working on an optimal level with your immune system.

Choose a NECTAR to impart a warming or cooling sensation on the skin, a more energizing or calming effect, or for a specific application of therapeutic oils for specific results.

Each MONSOON NECTAR is:

	SOL Fresh Fruity Floral Minty	CASCADEA Citrusy Earthy Floral Peppery-sweet	NUBE Fresh Citrusy Herbal	RIO Floral Herbal Woody Spicy-fruit	JARDIN Exotic Floral Honey- lime Sweet Herbal	EGYPTO Balsamic Fresh Woody
Anti-inflammatory Antiseptic Antioxidant	✓	✓	✓	✓	✓	✓
grounding and balancing	✓	✓	✓	✓	✓	✓
regenerative properties	✓	✓	✓	✓	✓	✓

The dominant characteristics of each NECTAR:

	SOL	CASCADEA	NUBE	RIO	JARDIN	EGYPTO
Aphrodisiac		✓			✓	✓
Warming / Cooling	W/C	W	C	W	W	W
Mental State	inspire	motivate	clarity	soothing	sensual	ritualistic
Muscles / Joints			✓	✓		✓
Respiratory	✓	✓	✓			✓
Scar Healing (cicatrizant)	✓	✓	✓	✓	✓	✓